

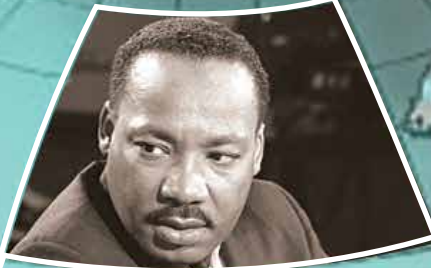


FR

October 2018

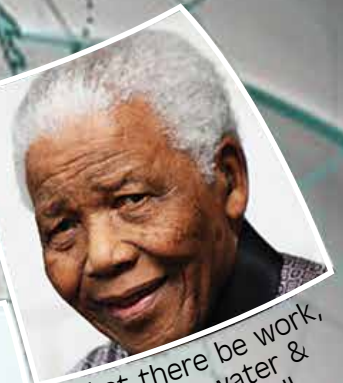
# AGNEL

## SHRAM NEWS



Faith is taking the first step  
even when you don't see the  
whole staircase.

—Martin Luther King, Jr



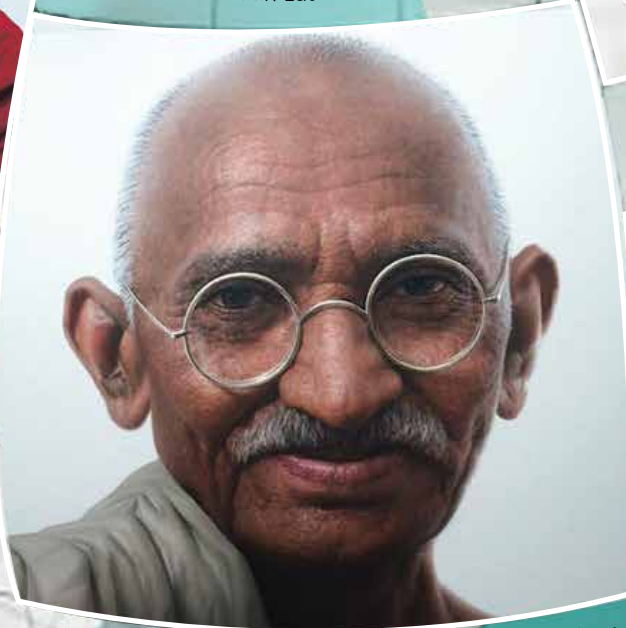
Let there be work,  
bread, water &  
salt for all

— Nelson Mandela



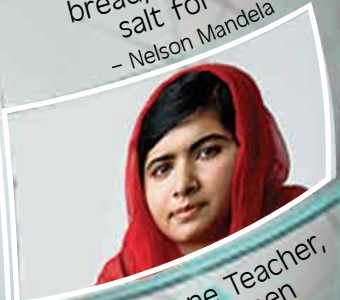
Be kind whenever  
possible. It is always  
possible.

— Dalai Lama



An eye for an eye only ends up making  
the whole world blind

—Mahatma Gandhi



One child, one Teacher,  
one book, one pen  
can change the world

— Malala

# Integration for Peace

FR. AGNEL  
ASHRAM

# NEWS

October 2018

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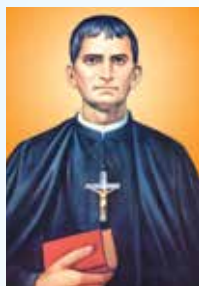
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## VEN. FR. AGNEL'S 91<sup>st</sup> DEATH ANNIVERSARY Tuesday, 20<sup>th</sup> November 2018

### PROGRAMME

**SPECIAL NOVENA SERVICES**  
**From 11TH to 19th November 2018**

### Everyday

**Morning:** 7.00 & 8.00 a.m.: Holy Mass and Novena Prayer in English followed by blessing with the Relic.

**Evening:** 5.30 p.m. : Novena Service in, Marathi & Gujarati followed by blessing with the Relic.

**Evening:** 6.00 p.m. : Holy Mass and Novena Prayer in English followed by blessing with the Relic.

### N.B.

On Sundays 11th & 18th November all Masses and Novena Services will be held as on Normal Sundays.

### **20th November (Tuesday) : 91st Death Anniversary of Venerable Fr. Agnelo**

**Morning :** Masses followed by Prayers for favours in English and blessing with the Relic at 7.00 a.m & 8.00 a.m.

**Evening :** Solemn Concelebrated Mass will be held at 6.00 p.m. in the Ashram Compound followed by prayers for favours.

**Most. Rev. Oswald Cardinal Gracias,  
Archbishop of Bombay will be the Main  
Celebrant on 20th November 2018.**



Thousands of devotees will participate in this Annual Novena and celebration. Over one lakh favours, some of them truly miraculous such as cure of cancer, T.B., paralysis etc. have been received through the powerful intercession of Ven. Fr. Agnel.

Favours obtained and petitions to be placed at the Shrine of Ven. Fr. Agnel, may be sent to the following address :

### **Rev. Fr. Superior.**

Fr. Agnel Ashram  
Bandstand, Bandra (West),  
Mumbai – 400 050. India.  
Tel. : 67114000.

**Bus No. : 211 :Special Bus Service to Ply from Bandra  
Railway station (W) to Fr. Agnel Ashram Gate.**

# Integration for Peace

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-Hansel D'Souza

Advaita is one of the fundamental spiritual concepts on which vedantic philosophy is based. Though it was drawn from the oldest Upanishads, the foremost proponent of Advaita was the great Hindu scholar Adi Sankara who lived in the eighth century. The Advaita philosophy simply translated means non-duality or oneness. In other words, it postulates that the Atman or the soul of an individual, is an integral part of the highest metaphysical state namely Brahman the universal power.

Extrapolating this philosophy, all living and non-living forms in the Universe are an integral part of Brahman while being varied manifestations of the same entity. To use an analogy, each finger on the hand differs from the other in size and shape. And yet, can anyone say that a finger is not an integral part of not just the hand but the entire anatomy. In a similar vein, we believe that the universe has a creator and every single element of creation reflects its creator.

If this is believed to be true, then why are we in such disarray. Why is that humankind lives polarized as divergent interest groups constantly at loggerheads with each other? Why is there so much conflict on the planet? Why are we as human beings in a state of constant conflict with other species that inhabit this planet? Why are we involved in an eternal quest to burn up natural resources for our insatiable comforts?

Almost every religion preaches that God is one and that all human beings are children of the same God. Almost every religion enjoins its followers to treat the world with kindness. And yet, almost every conflict in recent times has been engineered by religious groups attempting to establish their superiority over the others. There seems to be something drastically wrong with either the understanding of religion or the interpretation of its teachings.

In order to understand this rapid disintegration of human society, it might be prudent to begin by understanding conflict and its roots. It doesn't take much to figure out that all conflict

in human history has been over resources, ideology or emotions. In the beginning, it was all about survival. Human needs dominated the course of our existence. Adverse circumstances and limited means to deal with them, led to a search for greener pastures. This led to conflict over the control of natural resources between different human groups. When need gave way to greed, emotions held sway. The conflict between civilizations like the Persians, the Greeks, Egyptians etc is all well documented. The birth of religions added fuel to fire. Religion served to unite large disparate groups of individuals. They were held together by common beliefs. As these groups grew in number, conflict escalated as each religious group competed with the other for larger "mind share".

Soon political ideology supplanted religious thought and conflict spiraled into the World Wars. Today, we are in a midst of an arms race. Intercontinental ballistic missiles, newgen fighter aircraft, sophisticated battle tanks and a wide range of innovative technologies like drones, remote controlled attack systems are all mind boggling additions to our arsenals. It seems like we are now in self-destruct mode, just waiting for Armageddon to happen.

We seem to be getting further and further away from the dream of Mahatma Gandhi, Martin Luther and Nelson Mandela. Instead of integrating human society we seem to be hellbent on disintegrating it further. It is high time we began a movement for integration, that will expose the futility of weapon systems, arsenals and a perpetual state of war. Instead of waiting for Armageddon it's time to work towards universal peace.

But, this movement can never happen from the top. Like the Independence movement, local area groups need to integrate society. This bottoms-up approach will hopefully lead to a collective mindset that can see virtue in peace and integration. We cannot wait for it to happen. Groups with similar beliefs need to link up to create a movement for world integration.

# Mahatma Gandhi – Apostle of Peace

-P.D'Mello

On October 2, we will observe with dedication the birth anniversary of the great Apostle of Peace Mahatma Gandhi.

Mahatma Gandhi gave us the terminology “ahimsa parmo dharma”, non-violence is the supreme religion. His teachings are becoming more relevant specially in today’s time, when there is great unrest, terrorism and several insoluble crises in the Middle East, Afghanistan, Kashmir and other parts of the world. Even today our country is experiencing the worst kind of religious hatred. It is essential to remember that the purpose and objective of every religion is to foster peace, harmony, and fraternity and not to quarrel needlessly.

Gandhiji was basically contemplative in action and had a very sublime idea of the spiritual. He expressed his feelings in many ways through his writings and prayer meetings.

Martin Luther King Jr. said: “Gandhi was inevitable. If humanity is to progress Gandhi is inescapable. He lived, thought and acted, inspired by the vision of humanity – evolving towards a world of peace and harmony. We may ignore Gandhi at our risk.”

The quintessence of Gandhiji’s religion are the cardinal virtues of Truth (Satya) and Non-violence (Ahimsa). He said “My religion is based on Truth and Non-violence. Truth is my God and Non-violence is the means to reach him.”

It is important to recall that the teachings of Jesus Christ had greatly influenced the Mahatma. In his words: “Jesus Christ played a great path in my life; unconsciously how great a path I

do not know, consciously how much I do know when I felt the beauty of it, the presentation is unique, so many of my words are chosen from the Bible. I am unable to speak without reference to it.”

Gandhiji was an idealist and he had great dreams of a independent India. He said “I shall work for an India in which the poorest shall feel that it is that country in whose making they have an effective voice. There can be no room in such an India for the curse of un-touchability or the course of intoxicating drinks and drugs. Women will enjoy the same rights as men.”

Gandhiji was a torchbearer for the whole world and he was sad when he said “the division of India can only harm its future”. He was right in his fears, for everyone is aware of the events that followed partition.

Today when world peace is threatened by atomic and nuclear weapons capability of annihilating the human race, Mahatma Gandhi’s teaching of love and truth and of respect of other’s rights have become more meaningful than at any other time.

We have just completed 71 years of our Independence and it is our hope that our leaders ensure that politics is completely divorced from religion, which is private, and ensure that the country moves forward towards economic progress and prosperity. All forms of intolerance should be avoided. They should pursue the aspirations of human equality, human dignity, self-respect and freedom from injustice and violence.

No doubt religion has to answer for some of the most terrible crimes in history. But that is the fault not of religion but of the ungovernable brute in man.

- Mahatma Gandhi



# Divine Garland of Roses

-Leon Bent

I have been saying the Liberation Rosary for more than twenty years, every single day, together with the Joyful, Sorrowful, Glorious and Luminous Mysteries, plus the Divine Mercy and the Sacred Heart Rosaries – not all together, but, sometimes, “yes!” And, when time allows, twice over! This recitation comprises my evening prayers and, sometimes lengthens out, late into the night. Consequently, I have sensed deep within that, no matter how many Crosses I have, how far I have drifted from the Lord, during the day, consolation, comfort, joy and glory assuredly follow, each time I ‘tell the beads’. Pondering over the Rosary is a spiritual booster!

The Rosary is a Scripture-based prayer. It begins with the Apostles’ Creed (David Burton Bryan, *From Bible to Creed*, Michael Glazier, Inc.), which summarizes the great mysteries of the Catholic faith. The Our Father, which introduces each mystery, is from the Gospels. “The Glory Be...” is one of the most beautiful prayers in all of Christendom. It speaks of so many things despite being so very simple (Rm.16:27; Phil.4:20; Rev: 1: 6; 14:7; Jer.13:16; Lk.2:14). In the Catholic Mass, the Gloria is doxological, and in some ways can be seen as an expanded, enriched, and fuller acclamation of the “Glory Be” (1 Chron. 29:11, Phil 4:20, 2 Cor. 13:14 are some examples).

The first part of the ‘Hail Mary’ is the angel’s words at the Annunciation (Luke 1:26), and Elizabeth’s greeting to Mary (Lk.1:42-45). The Mysteries of the Rosary centre on the events of Jesus’ Incarnation, Life, Death and Resurrection, Ascension and Pentecost – all divinely-appointed events in the New Testament.

The repetition of the Rosary is meant to lead one into restful and contemplative prayer related to each Mystery. The soft chanting, as it were, of the words helps us to enter into the silence of our hearts, where Christ’s spirit dwells.

The Rosary can be said privately or with a group. The “beads” can be used as a sweet devotion,

a decisive weapon, a powerful prayer aimed at conversion and healing. The “Family Rosary” is a great traditional prayer which keeps the family spiritually united. When you pray the Rosary earnestly, it sends curls of fragrant incense heavenward; you needn’t go via the intercession of a Saint, not even through the mediation of Mary, but directly to Jesus!!

Drifting away from the contemplative gaze upon the Incarnate Word is one of the great dangers of life in our modern world. The hectic pace of life, the formidable, mesmerizing power of television and cinema, and the post-modern media we live with, especially the digital, wired barrage of news and messaging; the fast pace of living on the edge; the omnipresence of the market place, with thousands of items, subtly advertised, to tantalize us into making multiple purchases; these can very effectively draw us miles away from God. They can turn us from contemplatives of our eternal and glorious God into contemplatives, in a real sense, of transitory material things.

In a culture, then, pervaded by this obsessive and disordered fixation of materiality, St. Pope John Paul II encourages us to return to the Rosary. Through it we can once again fix our eyes on our God made visible, the Word made flesh: “The most important reason for strongly encouraging the practice of the Rosary is that, it represents a most effective means of fostering among the faithful, that commitment to the contemplation of the Christian Mystery, which I have proposed as a genuine training in holiness” (St. Pope John Paul II, in *Rosarium Virginis Mariae [RVM]* on the Most Holy Rosary no. 5).

It must be admitted, however, that this contemplation of the face of Christ encouraged by the Holy Father St. Pope John Paul II, in the Apostolic Letter “*Novo Millennio Ineunte*”), describes the history of salvation as “the gradual discovery of the face of God,” which is made visible in Christ’s own countenance.” This is what lies at the foundation of the Rosary, as Blessed

Pope Paul VI taught in Marialis Cultus.

### Why Recite the Rosary?

- Our Lady has 117 titles, but she selected this one at Fatima: “I am the Lady of the Rosary.”
- St. Francis de Sales said the greatest method of praying - IS - “Pray the Rosary.”
- St. Thomas Aquinas preached 40 straight days in Rome, Italy, on just the ‘Hail Mary’.
- St. John Vianney, Patron of the Diocesan Priests, was seldom seen without a Rosary in his hand.
- Our Lady said to Blessed Alan de la Roche: “After the Mass, there is nothing in the Church I love, as much as the Rosary.”
- “The Rosary is the scourge of the devil” -- Pope Adrian VI
- The devil’s spawn will never cease to attack Mary’s spiritual children, and the latter will be wise always to defend themselves with the most powerful weapons possible, including the Our Father and Hail Mary.
- “The Rosary is a treasure of graces” -- Pope Paul V
- Saint Pope Pius IX: “Give me an army saying the Rosary and I will conquer the world.”
- St. Padre Pio, the stigmatic priest, said: “The Rosary is The Weapon!”
- “The mysteries of Jesus’ life belong to us! He

lived them for us and for our well-being,” said F.W. Faber.

- Pope Leo XIII wrote 9 encyclicals on the Rosary.
- Pope John XXIII spoke 38 times about our Lady and the Rosary. He prayed 15 decades daily.
- Pope St. John Paul II said, “The Rosary is my favourite prayer.”
- St. Louis Marie Grignion de Montfort, the Saint of the Rosary, wrote: “The Rosary is the most powerful weapon to touch the Heart of Jesus, Our Redeemer, who so loves His Mother.”
- Pope Benedict described the Rosary as a, “contemplative and Christo-centric prayer, inseparable from the meditation of Sacred Scripture. It the prayer of the Christian who advances in the pilgrimage of faith, in the following of Jesus, preceded by Mary”.
- With sincere humility, I state that, I did ‘research’ on “Hail, Full of Grace”, and went on to fill 10,000 pages, on the sinless, Virgin, Mary!

A Rose Garden is called a “Rosary”. Besides, the ‘string of beads’ looks like a garland, hence, I named this Reflection, a “Garland of Roses.”

So, get the beads out and start praying! You won’t regret it! You will love it! Watch miracles unfold!

### **Fr. Agnel Ashram - Bandra** **MASSES and NOVENAS ON SUNDAYS**

MORNING			
TIME	MASS	TIME	NOVENA
07:00 a.m.	English	07:45 a.m.	English
08:00 a.m.	Konkani	08:45 a.m.	Konkani
09:30 a.m.	English	10:15 a.m.	English
TIME	NOVENA	TIME	MASS
10.30 a.m.	Tamil	11.00 a.m.	Tamil
EVENING			
TIME	NOVENA	TIME	MASS
03.00 p.m.	Gujarati & Marathi	03.30 p.m.	Marathi
06:15 p.m.	English	06:30 p.m.	English
07:15 p.m.	English	07:30 p.m.	English

#### **Weekdays Mass in English at 6.00 p.m.**

Novena Prayers and Kissing of Relic are held on every Saturday after 6.00 p.m.

Mass Favours obtained, petitions and offerings may kindly be sent to :

Rev. Fr. Superior

Fr. Agnel Ashram

P.O. Box – 6656, Bandstand,  
Bandra (W), Mumbai – 400 050.

Tel : 67114000.

Fax : 67114100.

Email : agnelashramnews@gmail.com

Web : <http://ash.fragnel.edu.in>

# Integration

-Christine D'Sylva

*If you want to create a viable, peaceful world, we have got to integrate compassion into the gritty realities of 21st century life- Karen Armstrong*

*Can we talk about integration until there is integration of hearts and minds? Unless you have this, you only have a physical presence, and the walls between us are as high as the mountain range- Dan George.*

Pope Francis said, "Human life is like an orchestra that sounds good if the different instruments are in accord and follow a score shared by all."

Today we will discuss integration of the different peoples of the earth.

It would be an ideal world if there were fair ways of sharing, so that there is no longer a dramatic inequality between those who have too much and

those with nothing (haves and have-nots) and also between those who discard and those who are discarded.

Only the path of integration between peoples can create for humanity a future of peace and hope.

Thus, integration of our world is essential though it must be stated that the family is the primary unit of any society and it is there where integration must first take its roots. Only when this is successful, can integration be spread to our neighbourhood, society and finally to the world at large.

However, we cannot only be concerned about integration to benefit economic growth. We must also be concerned with integrating our body and soul. We must learn to turn to God in trust and very importantly see God in our neighbour. Only when we love our neighbour can true integration really take place. Love bridges all boundaries and crosses all hurdles. It can cement ties between people, nations and ultimately, the world at large. And this love must be like a seed that germinates in each of us and its roots can then spread wide and deep, transforming our world into truly an integrated one.

In the Bible, we are familiar with the story of the

Prodigal son recounted by Jesus.

It is a story that tells us how a father had two sons. One was the hardworking, serious eldest one, and the youngest, the more wild, playful son.

The youngest asks his father for his share in the inheritance and then leaves home much to the sorrow of his father. Of course, with his lifestyle of drinking, gambling and womanising the money quickly gets over. He is desperate and finds a job feeding pigs. Undoubtedly, he grows bitter as he remembers the easy luxurious life he had at his father's home.

One day, he decides enough is enough and sets back for his home.

He wants to beg his father for forgiveness. But

instead, as he walks towards his home, he is utterly surprised to see his father rushing forth to greet him. His father embraces him and treats him with great love. He even orders

the best robe for his now poorly clad son and also a fatted calf to be killed for the feast that day to celebrate his youngest son's homecoming.

The eldest son is angry and shows his displeasure. The father tells him. "My son, you are always with me and everything I have is yours. But we have to celebrate and be glad because this brother of yours was dead and is alive again, he was lost and is found."

This parable is important because it shows us the immense love God the Father has for each one of us. He is ready to forgive us, and when we stray he is overjoyed when we decided to return home to him. We can become whole integrated individuals only when our relationship with God and our neighbour is harmonious. In other words, we rebuild our relationship with him and set out on the good narrow path.

Jesus was aware of the need for integration which would begin at the primary level, which is in our own families. Unless there is peace and reconciliation in families itself, there cannot be peace and reconciliation amongst the peoples of

***Only the path of integration between peoples can create for humanity a future of peace and hope.***

this world. This parable also demonstrates that Jesus is aware of our imperfections and is ready to forgive and expects each of us to treat each other with love, forgiveness and respect. Only when this happens can the world be truly integrated and function as a peaceful entity. There will be no divisions except geographical boundaries, no religious bigotry and there will only exist love and respect amongst all men.

Sounds like Utopia, doesn't it? Yet we must all believe in Heaven, and Heaven on earth is not such a far-fetched possibility like we imagine. It may well be within our grasp if we only start with ourselves first.

- I would like to conclude with one of the verses of the popular song "Imagine" by John Lennon.
- Imagine no possessions
- I wonder if you can
- No need for greed or hunger
- A brotherhood of man
- Imagine all the people
- Sharing all the world
- You may say I am a dreamer
- But I'm not the only one
- I hope someday you will join me
- And the world will live as one.



## There is no Joy Greater than the Joy of **GIVING**

### **John Serrao, Bangalore**

Please accept my kind donation of ₹.2000 for the benefit of the underprivileged boys under your care. Kindly pray for my family's good health. Thanking you.

### **M.J. Lam, Nashik**

Attached is a cheque of ₹.3058 for your charitable activities, especially taking care of underprivileged boys. Please remember us in your daily prayers. Thank you.

### **Dr. Satyabrata Chaudhuri, Kolkata**

Enclosed is a cheque of ₹.2000 towards the sponsorship of the underprivilegeds in your Ashram. Please pray for us. Thank you.

### **Mariamamma Chacko, Jabalpur**

I am sending herewith a cheque of ₹.600 towards the sponsorship of my ward Vinayak Chettiar. Please pray for me and my family's good health and that we may overcome all our problems.

### **Shoba Johns, Sharjah**

I enclose a cheque of ₹.2000 as my Easter Gift for the underprivileged boys in your Balbhavan. Please pray for my husband to progress in his business, my sons to do well in their studies and for my mother's early recovery from illness. Thank you for your prayers.



# Integrating India's Tribals

The region of Jharkhand was earlier part of the state of Bihar. It became an independent state on the 15th of November 2000. Jharkhand shares its border with the states of Bihar to the north, Uttar Pradesh and Chhattisgarh to the west, Orissa to the south and West Bengal to the east. It has an area of 28,833 sq miles (74,677 sq. km). Jharkhand is famed for its mineral wealth and forestry products.

The people in Jharkhand have the advantage of being culturally vibrant, as reflected in the diversity of languages spoken, festivals celebrated and variety of folk music, dances and other traditions of performing arts in the region.

Jharkhand has also been at the forefront of the Maoist uprising headed by a guerilla group known as the Naxalites. Since their uprising in 1967, 6000 people have been killed in the insurgency and counter insurgency operations by the Indian Army and its paramilitary groups. The state of Jharkhand is also part of the "Naxal Belt" comprising 92,000 square kilometers. This

area harbors the highest concentration of the groups estimated to be about 20,000 combatants. It is hard to imagine how Jharkhand and other naxal infested regions are a part of the same India which got free due to the principles of non-violence and peace and Satyagraha. The Naxals operate mainly in the rural and tribal areas.

As mentioned earlier the state harbors a rich abundance of natural resource, while its people live in abject poverty and destitution. The impoverished state provides ample recruits for the Communist insurgents, who argue that they are fighting on behalf of the landless poor who see few benefits from the resource extractions. The law of the land states that the federal government holds a monopoly on sub-surface resources in the state, and therefore the tribal population is prevented from staking any claim on the resources extracted from their land. In retaliation, the insurgents have thus begun a campaign of targeting infrastructure related to the extraction of resources vital for Indian energy

*Contd. on pg. 16*



# First Rank in Paper Presentation at International Conference organized by IIE

The 60th Diamond Jubilee Convention of Indian Institution of Industrial Engineering (Popularly known as IIE) and International Conference on “Role of Industrial Engineering in Industry 4.0 Paradigm (ICIEIND)” was organized by IIE Odisha chapter in collaboration with Siksha ‘O’ Anusandhan (Deemed to be University), at the Institute of Technical Education and Research (ITER) from 27th-30th September 2018. The Convention was held with the mission to create a platform for exchange and dissemination of knowledge in the emerging field of Industry 4.0 and engage practicing professionals and academic researchers both at national and

international levels. Large numbers of high calibre researchers across the world delivered key-note addresses and were also session chairs during paper presentations. Top management professionals of the country also participated in panel discussions.

Dr. Bhushan T. Patil, Professor and Dean-Research and Development at Fr. CRCE, Department of Production Engineering was honoured with the prestigious ‘Special Award’ from Indian Institution of Industrial Engineering for continuous innovative development of Industrial Engineering in its operations and significant encouragement to the industries in India.



*Best Paper Prize Ms. Ketaki Joshi and Dr. Bhushan.*



Ms. Ketaki Joshi and Dr. Bhushan Patil also received 'Best Paper Presentation Prize for the First Rank' for the research paper jointly authored by them. The paper was related to the research work being carried out by Ms. Ketaki Joshi under the guidance of Dr. Bhushan Patil. In total, 242 papers were presented by participants across the globe from academia, R&D organizations and industries in different technical session tracks that included Advanced



*Special Award Trophy.*



*Best Paper Trophy.*



*Special Award to Dr. Bhushan.*

and Additive Manufacturing, Intelligent Manufacturing, Sustainable, Manufacturing, Cyber Physical Systems, Design and Finite Elements in Engineering, Internet of Things and Cloud Computing, Quality Engineering, Quality, Reliability and Maintainability Engineering, Supply Chain Management Systems, Optimization in Engineering, Mathematical Methods and Medical Devices, Industrial Automation and Human Factor Engineering.

The Paper presentation competition was judged by esteemed session chairs which included calibre researchers from different parts of the world such as Sweden, USA, Turkey, France, Australia, UK and Thailand. The selected papers of ICIEIND 2018 will be published in different SCOPUS Indexed International journals based on the authors' expression of interest and quality of paper which is recommended by Technical Review Committee/Editorial Board.

## **Achievement of Melody Makers**

**Fr. Agnel's Vidyankur School, Pune** participated in the inter-school Jr. & Sr. competition held by Sant. Dnyaneshwar English Medium School & Junior College, Kharadi. It was held on 19th September 2018.

In the Junior category, our school won



the 2nd place among ten schools. The Choir of Agnel School presented a patriotic self-composed song "Jago desh ke Jawano"

The lyrics and music were composed by the music teacher, Mr. Kennedy Fernandes. It was thus an enriching experience for our students.

## **Sadhana Meditation**

On 15th September 2018, Sadhana Meditation a day Workshop was conducted for the newly formed staff. 31 Staff members attended the Session. It was conducted by Rev. Fr. Ivon Almeida. The session commenced at 9:45 am and continued till 4:30 pm



The Session helped teachers to know their real self by getting acquainted to the various healing techniques through meditation. Teachers were introduced

with two-mind Theory, I am technique, know who is Anchor, Emotional Freedom Therapy (EFT), Emotional Empowerment Therapy (EET).

Techniques were not only introduced to teacher but also practice in the Session.

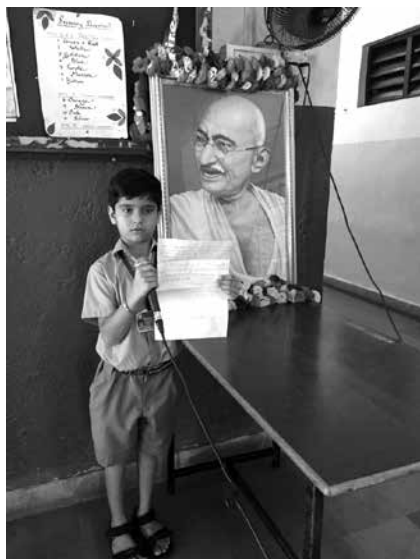
The Session helped teachers to change their perception towards meditation. It also helped them to change their thought process and have a positive approach towards oneself and while dealing with others.

## **Remembering The Mahatma**

**Fr. Agnel Multipurpose School and Jr. College** paid tribute to the Father of the nation on his 150th birth anniversary in a sombre and dignified manner. The assembly was conducted by students of Std. XII and students

of Std. IX. The speakers Devanshi D'Souza of Std. XII, Laxman Kamat and Shirisha Varma of Std. IX, brought alive the memories of the Mahatma. Devanshi spoke about his life, his work and his love for his countrymen. Laxman





*Speech about Mahatma.*



*Gandhi Jayanthi Celebrated*

elaborated on one of his many quotes and stressed for the need of self-discipline among students. Shirisha narrated a story from the life of Gandhiji and reiterated on the need to follow in his footsteps and live a life of simplicity and humility. The programme ended with a melodious rendition of his favourite bhajan – ‘Vaishnav Jana To .....’

## CRMD Debate 2018

***“A Man is But the Product of His Thoughts;  
What He Thinks He Becomes”***

*-Mahatma Gandhi*

With Gandhiji’s ideology engraved in our minds and hearts, the 20th edition of Fr Conceicao Rodrigues Memorial Debate (CRMD) was held on 28 and 29 September, 2018. It witnessed mind boggling debates with sword sharpening ideas from various intellectual debaters from different colleges across the nation.

CRMD gives students creative room to express their views and serves as a platform where they can articulate their thoughts, showcase their debating skills and fulfil their appetite for more information. Furthermore, the length and breadth of knowledge that they gain through this is simply unparalleled.

The theme for this year’s national level debate competition was “Hegemony of Moral Absolutism”.

Explaining the theme further, hegemony is dominance of thoughts or a certain belief. And,

Moral Absolutism is the ethical theory which believes that there are always absolute rules of which our morals and related questions can be judged against. It means that certain actions are either right or wrong. In today’s world, every moral thought of person is classified as either right or wrong which might not always be the case. This gives rise to a universal question that ‘do we surrender our emotional thought process neglecting the harsh truth?’ Disregarding this hegemony, we should altercate to prove each thought from a perspective never seen or analysed before and bring forth a completely new prospect about an existed thought or a belief.

On the first day, the occasion was graced by Mr. Pascal Lopes, the Vice President of J. P. Morgan, India(Robotics Technology Division), as our Guest of Honour and Mr. Ashwin D’Silva, the Managing Director at Accenture, as our Chief Guest. Our Director, Rev. Father Valerian D’Souza and our local superior, Rev. Father Peter D’Souza blessed the event. Our Principal, Dr.Srija Unnikrishnan addressed the audience.

A total of 32 teams participated on day 1. The

day ended with 8 quarter finalists for day 2.

Day 2 started with the clash of the quarter finalists followed by two exciting semifinals.

We finally witnessed the much awaited finale with absolute enthusiasm all around.

The occasion marked the presence of the chief guest Ms. Urmila Dhar Zutchi - Consumer Activation and Behavioural Training Consultant at RR Oomerbhoy Pvt. Ltd. The debate was judged by Mr. Kunal Khanna, Sr. Vice President- Energy, Infrastructure and Reinsurance, Ms.

Rosie Murray- Trainer, Ramesh Sippy Academy of Cinema and Entertainment and Mr.Mihir Karkare- Co-founder Mirum India.

The best Adjudicator was Mr.Arman Khan. The best Speaker was Anand Wataney.

Runner up was Sardar Patel College of Engineering Mumbai.

The Winner of the coveted CRMD 2018 Trophy was ILS law college Pune.

*-Photos on pg 19*

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## MIC DROP - Celebrating National Poetry Day

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Giving is the greatest act of Grace. **The Rotaract Club of Fr. CRCE** is working on this principle to make a difference in society. The Rotaract Club of Fr. CRCE conducted one of its most anticipated events of the academic year 2018-19 on 3rd October, 2018 to celebrate National Poetry Day - MIC DROP. This event was an initiative taken up by the Club to create awareness and encourage modern literature in every form. Poetry is also a genre and a form of art to express oneself and hence the club provided a platform to various poets to showcase their talents. In addition to this, we also took up the opportunity to invite an internationally acclaimed Musician and a Stand Up Comedian. This invitation was extended, since poetry is not just restricted to poems and storytelling, but has taken a more diverse form in comedy, scripts, etc. There were performers like Mr. Maulik Dabholkar, who took the audience down the memory lane with his mesmerising poetry. Ms. Ayushee Ghoshal, who so effortlessly spoke about love and friendship in today's generation. Her voice created a different aura altogether. Mr. Harshit Anurag spread a wonderful message to the audience and gave a heartwarming performance. The Rotaract Club of Fr. CRCE also gave a platform to 4 musicians from its very own college. Their performance was enjoyed

by all. In addition to this wonderful line up, we also had the honour of witnessing Mr. Nikhil Paralikar (The Tabla Guy), an internationally acclaimed Musician who made his presence felt by giving a phenomenal performance and made sure the crowd enjoyed the whole event. We also got an opportunity to watch Mr. Nishant Suri perform live in our college for the very first time. He is the winner of COMICSTAAN season-1, a unique talent show for stand up comedians available on Amazon Prime.

More than 170 participants including students of FRCRCE, Rotary club office bearers and student council attended the event. Rev. Fr. Valerian D'Souza, Director, graced the occasion with his presence that enhanced motivation among students. Dr. Srija Unnikrishnan, Principal, granted the required resources for the Event and Dr. Vijay S. Bilolikar, Dean, Students Affairs, provided support with his guidance. Dr. Sujata Deshmukh Teacher-in-charge and Rotaract club team organized the event very meticulously to energize the audience with full entertainment booster. Overall, MIC DROP was a wonderful event and provided exciting and energizing experience to all.

*-Photos on the Back Cover*

# Innovation, not eminence, is key

To be leaders in education, Indian institutions must evolve a new paradigm

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*-Kapil Vishwanathan*

Higher education in India is in need of reform. In fact, higher education across the globe is failing to keep up with the changing demands of an unpredictable world. For Indian higher education, the moment presents a rare opportunity — inspiring and daunting in equal parts — to forsake efforts at incremental improvement, and instead leapfrog its global counterparts with learning that can keep pace with the evolving balance between humans, machines and the environment.

Humans and machines have co-existed at the physical level for millennia, dating back to the invention of the potter's wheel in ancient Mesopotamia. Now, humans and machines are coming together at a cognitive level. The boundaries between the two are getting blurred. Our progress over the centuries has been driven by the human desire to conquer the environment, but we may now have gone too far. Indeed, more people are living in the world today than have lived and died since the dawn of humanity until well into the 20th century.

Nowhere are these inflexion points more pronounced than in India. We have one of the youngest, fastest growing, and largest workforces. That leaves us with a massive job creation challenge — an exercise further complicated by the fact that machines are replacing human jobs. There is also the matter of environmental sustainability of our activities. The quality of air, water and soil is teetering at the edge of habitability. These inflexion points are deeply inter-connected and constantly changing.

How might we prepare future generations for this new world?

By necessity, a new vision for education would have to represent the coming together of technology, humanities and ethics. It would weave together thought with action, left brain with right brain, arts with sciences and ultimately, the learnings

of the past and present with preparedness for the future. This model of interwoven learning would represent a departure from other models of education anywhere in the world today.

In India, the better institutions of higher education tend to prepare graduates for their first job or vocation. But this is of limited merit in a world where a person is expected to change vocations and re-skill herself six times over a career. The recent trend towards liberal arts education is a step in the right direction, but falls short on many counts. It does not build comfort with technology, nor does it develop resilience. Learning must equip graduates to learn to learn.

But this is not enough either. Higher education should prepare students for life, not just a career. In a world of shortening attention spans and transactional relationships, students need to be given an opportunity to look deep inside to discover their sense of purpose. At the same time, individuals need to be cognisant of the role they play in society, and how their thoughts and actions impact the world. Finally, and most significantly, students need to learn to deal with the inevitable ethical challenges they will face.

How can an institution deliver these critical outcomes? If one were to break up, say, the undergraduate experience into modules, the foundation module would introduce students to ways of thought and expression, building on disciplinary knowledge in the social sciences, natural sciences, humanities, arts and literature. The core skills module would help students develop a set of life skills, including ethical reasoning, data science, design thinking and effective communication. The concentration module would permit them to deep dive into a chosen discipline, not merely for the sake of accumulating knowledge in that discipline, but to develop a deep sense of inquiry and to learn to solve problems. To be able to deliver all

this, an institution would need to build porous boundaries between itself and the real world, where theoretical learnings from coursework are woven together with real-life situations and problems. Finally, rigorous research needs to bring together the cutting edge from various disciplines and connect them to form a holistic view. This would continuously feed learning, and connect research with teaching in a continuous loop to stay relevant.

Can Indian higher education truly leapfrog the world? Interwoven learning has to be implemented at an institutional level. The Government of India's initiative to select Institutes of Eminence (IoE) is a step in the right direction. But India needs hundreds of institutes of eminence, not just six. (Full disclosure — Krea

University is not one of the six). And these IoEs need to think beyond the current mandate of breaking into the top 500 global rankings within 10 years. This is an ambitious goal in itself, but one of incremental improvements. Leapfrogging will require a shift to innovative models of higher education. Further, the intent must be to provide a flexible regulatory environment so that, with or without the tag of "eminence", institutes are encouraged to experiment.

While only a few institutes may establish proof-of-concept, the idea must be to have a constantly expanding pool. Scaling up will require time and government funding at a scale substantially higher than currently envisaged for the Institutes of Eminence initiative.

*-Courtesy The Indian Express*

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### ***Integrating India's Tribals - Contd. from Pg. 9***

needs, such as coal. Ideologically, the Naxals claim they are against the system and therefore target politicians, police and forest contractors and village landlords. But they are also known to tax the tribals. One therefore wonders if the movement has lost its vision and the Naxals are compromising on their starting principles.

Neither the rebels, nor the government have been able to resolve the problems of the people of the land all these years. Voluntary groups such as The Art of Living and other similar thinking organizations joined together to pacify the Naxal methods of justice and bring some kind of peace to the region. The camps teach them yoga and meditation techniques. Over a 100 Naxals, of which 30 have been hard core rebels, and 20,000 village folks have participated in The Art of Living courses. Some youths who took The Art of Living Course have now taken up the YLTP and are seen to be working in remote parts of Jharkhand.

They have tried to:

- Maintain a continuous dialogue with the Naxals

- Reinforce non violent means for resolving problems
- Create avenues to help the rebels to reintegrate into mainstream society
- Counsel people to cope with the trauma of violence and terrorism unleashed by Naxals
- Conduct trauma relief programs in affected areas including remote villages

Sri Sri Ravi Shankar visited the naxal-infested regions of Jharkhand in Feb 2009. He said, "Maoists are good at heart. They are fighting against corruption and disparity. There is a need to bring them into the mainstream of society. The country needs their service." He added, "If these committed youth take to politics, they can use their energy to bring a change in society."

As a consequence of this appeal by Gururji to "shun the bullet and take the ballot" two ex-maoist leaders, Ranjan Keshwar Yadav and Shree Kameshwar Bhaita contested the 2009 Lok Sabha elections in Jharkhand.

*-Courtesy The Art of Living*

**"Darkness cannot drive out darkness: only light can do that.  
Hate cannot drive out hate: only love can do that."**

**- Martin Luther King Jr.**





# Fr. AGNEL'S BLESSINGS

## SUCCESS IN EXAMS

**Vasai:** Ever since I joined the Engineering Professional Course(Computer Engg.) I was praying to Ven.Fr.Agnel to have his hands of blessings in my academic life. I am now happy to inform you that by the grace of Ven.Fr.Agnel I have completed my Degree in Engineering without any failure or backlog in exam. With -a grateful heart, an offering of ₹.500/- to the Ashram.

-Shalka Coutinho

## IMMEDIATE REWARD OF PRAYER

**Bandra:** While on duty, all of a sudden I had an attack of severe pain on the left side of my stomach. Literally, I was yelling with pain and could not move at all. I got an intuition to pray to Ven.Fr.Agnel which I did with great faith and applied the mud of the relic that I had with me in my purse. Miraculously, I got relief and continued my duty in full swing.

-Ganesh Manohar Jambhale

## CURED OF ABSCESS IN THE LEG

**Taleigaon-Goa:** I had an abscess in the leg and it had festered. The doctor said I had diabetes and that surgery was urgently needed otherwise gangrene would develop and I would have to get my leg amputated. I prayed fervently to Ven. Fr.Agnel to place his healing touch on me. I am now happy to inform you that my prayers were answered and I did not have to undergo any surgery. My thanks to Ven.Fr.Agnel and I pray for his early beatification.

-Dominic D'Souza

## PRAYERS REWARDED

**Vasai:** It was my long cherished desire to

have my own house. I fervently prayed to Ven. Fr.Agnel and through his powerful intercession, I got my own house in a good locality. Secondly, my son has been blessed with a very good job. As a token of my profound gratitude, an offering of ₹.2200 to Ven.Fr.Agnel.

- Gabriel Fernandes

## GOT JOB AND PROMOTION

**Malad:** We are staunch devotees of Ven. Fr.Agnel for the past 15 years. He has bestowed many blessings and favours on our family. Our prayers are always answered, that my sister got a job as a Librarian in a reputed College soon after her graduation. I also got a good job in RBI and at the age of 29, I was given a promotion as Asst. Manager. We send our thanks offering of ₹.500 to the Ashram.

- Aniket Dabhi

## CURED OF HEART PROBLEM

**Agonda-Goa:** The brother of a Hindu friend of mine had a heart condition with three veins blocked. He was taken to the NUSI hospital at Cuncolim where he was told that nothing could be done. They then took him to Belgaum. On checking him the doctors said that operation would be futile and gave him some medicine. To lessen her grief I assured my friend that I would put her petition before Ven.Fr.Agnel. The same day that I prayed, I got the news that her brother was much better. He was then taken to another doctor who prescribed medicine to dilute his blood block. Now he has improved a lot. I thank Ven.Fr.Agnel and pray for his early canonization.

-Socorrina Fernandes

## Out of Their Bounty

Susan D'Souza	Dubai	10000	S. Rodrigues	Mumbai	1000	T.V. Scharia	Kerala	400
Brishma & Avanti	Mumbai	9000	J.a. Jamble	Mumbai	1000	D. Solanki	Mumbai	301
Melini J. D'Souza	Dubai	7000	Arun Jadhav	Kerala	1000	Sachin Tuscana	Nalasopara	300
George Lobo	Mangalore	6500	A. Stephen	T.N.	1000	D. P. Solanki	Gujarat	300
P. Fernando	Mumabi	6000	L. Abraham	Kerala	1000	J. Thomas	Kerala	300
D.H. Singh	Hyderabad	6000	Bulbul Dutt	Kolkata	1000	S. Pinto	Karnataka	300
Peshkar Dhobi	Mumbai	6000	V.J. Pijwala	Gujarat	1000	R.A. Samuel	Pune	300
A.M. Olpadwala	Mumbai	6000	A.T. Daruwala	Mumbai	1000	Jose Mathew	Kerala	300
Subramaniam	Mumbai	5000	V.S. Bilolika	Mumbai	1000	J. Joseph	Chennai	300
N. Prabhavathi	Chennai	5000	Jayalakshim M.	Kerala	1000	S. Merlyn	T.N.	300
Kamala D'Souza	Mumbai	5000	S.A. Raj	Chennai	1000	T Joseph	Kerala	300
K. Parmar	Ahmedabad	5000	L.a. Mathew	Bangalore	1000	C. D'Souza	Chennai	300
R. A. Thomas	Kerala	4000	P. Mary	T.N.	1000	X. Francis	Chennai	300
M. Kazi	Mumbai	3000	N. Kanja	Mumbai	900	R. Johnson	Kerala	300
S.Inigo	T.N.	3000	G. fonseca	Mumbai	750	Sheela Jose	Kerala	300
M.N. D'Cruz	Malaysia	3000	S. Saha	Kolkata	750	M.O. John	Kerala	300
Philomina Pinto	Karnataka	3000	P.M. Lawrence	Kerala	700	A. Nirmala	Kerala	300
Priya Sitlani	Mumbai	3,000	C. R. Sanjay	Diu	505	V.A. Vincent	Kerala	300
M. James	Kerala	2500	A. R. Elavia	Mumbai	501	B. Sivaanhanam	Kerala	300
A. Karunaker	Canada	2500	H. Niyati	Mumbai	501	R. Victor	T.N.	300
Rita Pillay	Vasai	2000	H. Pandey	Mumbai	500	Rajathi M.	T.N.	300
A. DeSouza	Mumbai	2000	I. Guedes	Mumbai	500	J.K. Thomas	Kerala	250
Johny Edwin	Mumbai	2000	Jyoti Khote	Mumbai	500	Molly John	Kerala	250
A. Kulkarni	Mumbai	2000	Hiren Gala	Mumbai	500	Anto Paul	Kerala	250
P.C. Andrades	Vasai	2000	P.A. Amritlal	Diu	500	Anto Paul	Kerala	250
Charles Andrades	Vasai	2000	A. Modi	Mumbai	500	M.P. Salve	Amednagar	202
D.C. Andrades	Vasai	2000	P.S. Parmar	Anand	500	B.M. D'Cruz	Kerala	200
Chris Andrades	Vasai	2000	Alton Barnas	Mumbai	500	P. Smith	Pondicherry	200
K. Malani	Mumbai	2000	E. Clement	Mumbai	500	D. Xavier	T.N.	200
John D'Silva	U.S.A.	2000	K. Dharia	Thane	500	Mary John	Kerala	200
Raj Parikh	Mumbai	2000	S.R. Parmar	Nadiad	500	F. Fernandes	T.N.	200
D.H. Gonsalves	Vasai	2000	Flory Fernandes	Mumbai	500	R.H. Kotwal	Mumbai	200
A. S. D'Abreo	Virar	2000	J. Selvaraj	T.N.	500	Jerome Lobo	Karnaaka	200
Asha A. D'Abreo	Virar	2000	S.B. Shinde	Ahmednagar	500	M. Irudayaraj	T.N.	200
Supriya & Bipin	Uttan	2000	Shanu Lazar	Kerala	500	A. Martin	Kerala	200
R.A. Parmar	Anand	2000	S.F. Corda	Mumbai	500	C.K. Fernandes	Ahmedabad	200
A. Parmar	Anand	2000	A.S. Dabre	Nalasopara	500	R. Victor	T.N.	200
J. M. Zaveri	Mumbai	2000	P. Indirani	TN.	500	W. Edwin	t.N.	200
N. Jossy	Kerala	2000	G. Veeramani	T.N.	500	V.J. Mahapure	Kodolipur	200
Ritu Silveira	Mumbai	2000	Mary Varghese	Gujarat	500	John Baptist	Chennai	200
J.A. Doraswamy	Navi Mumbai	2000	Jessie D'Silva	Mangalore	500	W. Pereira	Mangalore	200
Techno Products	Chennai	2000	A. Gala	Dombivli	500	C.K. Fernandes	Gujarat	200
A. George	Delhi	2000	S.R. Kothari	Mumbai	500	Nisha Ekka	Jharkhand	200
I. Hendricks	T.N.	2000	Lisy Jose	Trichur	500	K. Alexander	Kerala	200
Lissy John	Delhi	1750	Stanly D'Souza	Mumbai	500	N.E. Kavoor	Kerala	200
S.R. Gokul	Diu	1500	H.G. Bhate	Panvel	500	S. Sheela	Chennai	200
A. Jayasimhan	Mumbai	1500	G.W. D'Souza	Thane	500	Mary Singh	Jharkhand	200
Rockey	Mumbai	1000	Leon Sidharth	T.N.	500	P.K. Alphonse	Kerala	200
D. Alphonso	Mumbai	1000	Mercy Irudayaraj	T.N.	500	T. Antony	Kerala	200
Pooja Malani	Mumbai	1000	A.A. Kuttikadan	Thane	500	J. Fernandes	Kerala	200
M. G. Colaco	Vasai	1000	Dhiraj Bhatia	Mumbai	500	U. Ratilal	Ahmedabad	200
A. Fernando	Mumbai	1000	Machado & Sons	T.N.	500	P. Patel	Mumbai	200
A.R. Belu	Uttan	1000	Aiden Agnel	Kerala	500	T. Sebastian	Kerala	150
P.K. Raghuvansi	U.S.A.	1000	F.M. Kobla	Mumbai	500			

# CRMD Debate 2018

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*Winners with chief guest Ms. Urmila Dhar Zutchi*



*Chief guest for the inaugural function Mr. Ashwin D'Silva*



*Inaugural function of CRMD 2018*



*Guest of Honour Mr. Pascal Lopes*



*Address by Rev. Fr. Valerian D'souza*



*Address by Rev. Fr. Peter D'souza*

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# MIC DROP

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